

August 2009



Nutrition Services

www.usd259.com/parents/nutritionservices

K-8 Middle Schools Breakfast and Lunch Menu

August 10	August 11	August 12	August 13	August 14
District Inservice Day	District Inservice Day	District Inservice Day	District Inservice Day	Breakfast
				*Breakfast Bun String Cheese *Assorted Cereal Milk
				Lunch
				*Corn Dog Fresh Baby Carrots Pear Slices *Salsa Sun Chips Animal Crackers Milk
August 17	August 18	August 19	August 20	August 21
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
*Strawberry Toaster Pastry *Assorted Cereal Apple Juice Milk	~Sausage Biscuit Apple Slices *Assorted Cereal Milk	*Blueberry Bread Whole Orange *Assorted Cereal Fruit Blend Juice Milk	*Cinnamon Bread *Assorted Cereal Large Banana Milk	Strawberry Bar String Cheese *Assorted Cereal Orange Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Grilled Chicken on Wheat Bun Peas and Carrots Garden Salad Rosy Applesauce *Salsa Sun Chips *Strawberry Grahams Milk	Meatloaf Mashed Potatoes Red Grapes Peach Slices *Wheat Bread Slice *Tropical Grahams Milk	^*Cheese Nachos Whole Kernal Corn Fresh Baby Carrot Apricot Discs *Apple Cinnamon Bar Milk	Chicken Nuggets Cooked Broccoli & Cheese Sauce Pineapple Tidbits Apple Slices Wheat Roll Brownie Milk	^Cheese Breadsticks Marinara Sauce Vegetable Medley Garden Salad Orange Wedges Chocolate Chip Cookie Milk
August 24	August 25	August 26	August 27	August 28
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
*Granola Bar Whole Orange *Assorted Cereal Milk	*Banana Bread Apple Slices *Assorted Cereal Fruit Blend Juice Milk	Griddle Cakes with ~Sausage *Assorted Cereal Apple Juice Milk	*Glazed Donut Large Banana *Assorted Cereal Orange Juice Milk	*Breakfast Bun String Cheese *Assorted Cereal Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Pizza Pocket Fresh Baby Carrot Peach Slices Apricot Discs Fish Crackers *Blueberry Bread Milk	Steak Fingers Diced Potatoes Garden Salad Mixed Fruit *Wheat Bread Slice Oatmeal Crème Cookie Milk	#Delivery Pizza Fresh Broccoli Pear Slices Applesauce *Apple Cinnamon Grahams Milk	Chicken Ranch Wrap Green Peas Apple Slices Oatmeal Chocolate Chip Cookie Milk	~Little Smokies Green Beans Tropical Fruit Large Banana Texas Toast Fruit Snacks Milk

^*Peanut Butter and Jelly Sandwich is a daily lunch entrée choice.


A Chef Salad with a cookie and milk is an alternative lunch meal choice.

*Whole Grain ^Vegetarian ~Pork


#Variety of toppings - including pork and vegetarian

Menu Subject to Change.

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August 31	<div style="border: 1px solid black; padding: 5px; text-align: center;">Meal Prices</div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-bottom: 5px;"> Breakfast Full Price - \$1.25 Reduced Price - \$.30 </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-bottom: 5px;"> Lunch Full Price - \$2.05 Reduced Price - \$.40 </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> Prepay for School Meals ONLINE or by TELEPHONE www.mealpayplus.com 1-866-736-9007 </div>	
Breakfast *Strawberry Toaster Pastry *Assorted Cereal Apple Juice Milk		
Lunch Beef & Bean Burrito Garden Salad Apricot Discs *Chips & Salsa Brownie Milk		

Apply Online for Free/Reduced Price Meals



Parents can now use a new online free/reduced price meal application to apply for meal benefits! To apply for meal benefits, the parent or guardian must enter the student's birthdate and either the name of the student or the student identification number, and then provide the information as required for a valid application. The application is signed electronically to complete the process.

Why use the online application? It is secure and private, and ensures that when all required information is provided the application will be immediately transmitted to the USD 259 Nutrition Services office where it will be processed for meal benefits within two business days. Households will receive written notification of benefits, the same as if a paper application was submitted. If you do not have access to the internet and want to complete an application for benefits, you can contact the school office for a paper application and instructions as in the past.

School Cafeteria Etiquette

The atmosphere in your school cafeteria is designed to make your dining experience enjoyable and relaxing. Proper etiquette, sanitation and adherence to the rules are necessary to maintain a pleasant experience for everyone.

Please adhere to the following rules:

1. Students should enter the cafeteria through the doors in an orderly manner.
2. Students should pick up their lunches, go to the cashier and then proceed to their eating area.
3. All litter is to be thrown in the trash. It should never be left on the tables or floor. Please cooperate in keeping your area clean.
4. If you spill something, you should get a cloth, mop, or help from a custodian to clean it up.
5. No food is to be taken outside the cafeteria area at any time!
6. Use good table manners at all times.
7. Be courteous and considerate at all times.

*Whole Grain ^Vegetarian ~Pork

#Variety of toppings - including pork and vegetarian

Menu Subject to Change.

This institution is an equal opportunity provider.

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