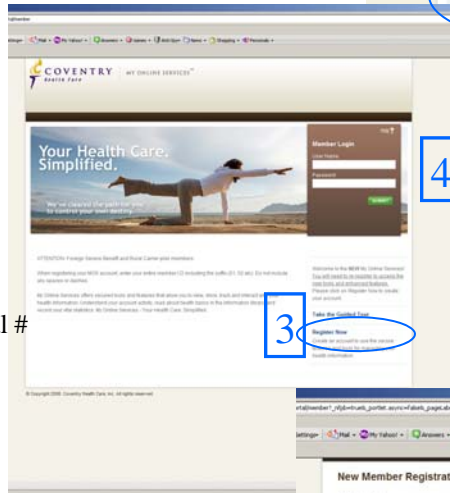
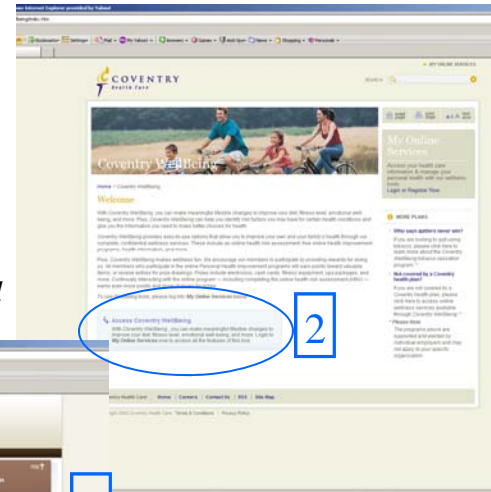


Getting Started with Registration and the Health Assessment

To Log On:

1. Go to www.coventrywellbeing.com.
2. Scroll to the bottom of the page and click on **Access Coventry Wellbeing**.
3. If you have not registered, click the **Register Now** link.
4. If you have already registered, log in using your **User Name and Password**.
5. Click on **Health Assessment**.
6. Click on **Take the Assessment**.



Required Information to Register:

- Coventry Medical Card Covered Individual #
- Date of Birth
- Home Zip Code
- Email address
- Check "Accept Registration Agreement"

Access to the website is immediate.

- Step 1: Contact Information (click Next)
- Step 2: User Agreement (Check Agreement)
- Step 3: Username and Password (see tips)

Username Requirements

- Must be at least 6 characters long
- Cannot exceed 20 characters
- Cannot use a 9 digit numeric such as a SSN or Member ID
- Username validation is required

Password Requirements

- Contains at least one uppercase and one lowercase letter
- Contains at least one numeric digit
- Must be at least 8 characters long
- Cannot exceed 20 characters
- Cannot be the same as your username
- Cannot contain the word password

